



# Practical Christian Living

"But seek first the kingdom of God and His righteousness, and all these things shall be added to you". Matthew 6:33  
Course 4 Lesson 1

## Facts, Faith, Feelings



### KEY VERSE:

*KEY VERSE: "Now the God of hope fill you with all joy and peace in believing...." Romans 15:13*

Dear Friend,

Have you ever wondered why your faith seems to be strong at times and at other times it seems to be weak? Have you wondered how you could increase your faith?

Have you ever wondered why your feelings are so changeable? Have you wondered what you could do about your feelings?

These are questions that we all have at one time or another. In this lesson we are going to try to answer these questions. We are going to learn one of the most important principles in the Christian life - the principle of Facts, Faith, and Feelings.

### FACTS! FAITH! FEELINGS!

These words stand for three aspects of the Christian life that are vital to us. It is important to understand them. It is even more important that we get them in the right order and keep them there.

God's order is: (1) Facts, (2) Faith, and (3) Feelings. Facts

form the foundation; faith rests on facts; and feeling come last.

For most people, feelings are the guiding factor in life. If they feel something, they think it is real. If they do not feel anything, they think it is not real. But this is not according to God's order.

Others try to put faith first. They think that if they have enough "faith," they can make anything come true. But this is not God's way either. God wants us to have faith, but our faith must rest on His Word; otherwise it is of no value.



God's order is: Facts, faith, feelings

God's order is always the same: (1) Facts, (2) Faith, and (3) Feelings. We are going to consider each of these three aspects of the Christian life so we can better understand how they affect our lives.

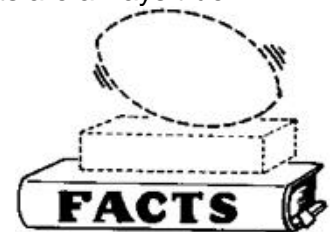
### WHAT IS A FACT?

A fact is something that is true. For example, two plus two equals four. This is a mathematical fact. It has always been true. It will always be true. It is true in this country, and it is true

anywhere in the world. Your believing it does not make it true. It is true even if no one in the world believes it.

We need to get this firmly fixed in our minds - **facts are always true.** You may not believe a fact, but it is still true. You may not feel that a fact is true, but it is still true.

For example, we know that Jesus Christ died for our sins and rose again to be our living Savior. We know this is true because God's Word says so. A person may or may not believe this, but it is still true. God's facts are always true.



God's facts form the foundation

### WHAT IS FAITH?

The word "faith" is used in the Bible 239 time! This shows us the importance God places on faith.

What is faith? Faith is taking God at His word and acting on it.

**God said it!**

**I believe it!**

**That settles it!**

The Bible makes it clear that all the blessings of God come to

us by faith. Without faith we cannot please God. The Bible says, *"Without faith it is impossible to please Him; for he that cometh to God must believe that He is, and that He is a rewarder of them that diligently seek Him."* Hebrew 11:6

As important as faith is, it can not stand alone. It must rest on something, and that "something" must be true. This is why our faith must always rest on God's Word, Jesus said, "Thy word is truth."



Faith rests on God's facts

### ● Faith deals with the unseen world

Faith deals with things that are real but unseen. We cannot see God, but by faith we know that God is real. We cannot see Heaven, but by faith we know that there is a real place called Heaven. The Bible says,

*"Faith is the substance of things hoped for the evidence of things not seen."* Hebrews 11:1

This means that faith is the way we "prove" the reality of things not seen. We cannot see the things of the spiritual world, but we know that they are real by faith in God's Word.

### ● Faith makes spiritual truths real in our experience

We must understand this: Our faith does not make God's facts true. They are true whether we believe them or not.

Then what does our faith do? Our faith in God's facts makes them real in our experience.

The Bible contains many wonderful promises of God. But

they do not become ours until we claim them and make them ours by believing God's Word.

As we said before, it is a great fact that Jesus Christ died for our sins. God promises eternal life to all who believe on Him. But Christ does not become your Savior until you exercise faith in Him.

When you believe that Jesus Christ died for your sins and you take Him as your Savior, you experience salvation. Faith in Christ makes God's salvation real in your experience. You can then say, "I am saved!"

FAITH IN GOD'S FACTS  
MAKES THEM REAL IN  
YOUR EXPERIENCE

### ● Faith believes God's Word

Faith believes God in spite of unfavorable circumstances. Perhaps one of the best examples of this is Abraham.

When Abraham and his wife, Sarah, were quite old, God promised them that they would have a son, and Abraham believed God.

Fifteen years passed, and God's promise had not been fulfilled. Humanly speaking, it was impossible for Abraham and Sarah to have a son. Yet Abraham continued to believe God. In due time God gave Abraham the son He had promised to him. The Bible says of Abraham,

*"He staggered not at the promise of God through unbelief; but was strong in faith, giving glory to God; and being fully persuaded that, what He had promised, He was able also to perform."* Romans 4:20,21

### ● Faith obeys God

Faith and obedience go together. True faith always results in obedience. Believers are obeyers! The Bible says,

*"By faith Abraham, when he was called to go out into a place which he should after receive for an inheritance, OBEYED; and he went out ..."* Hebrews 11:8

To say that you believe something and yet not act on it is not faith. True faith believes God and it obeys God. Faith that does not obey God is not living faith. The Bible says,

*"... faith without works is dead."* James 2:20

## HOW TO INCREASE YOUR FAITH

You may say, "I would like to have more faith. What can I do to increase my faith?"

**Faith grows by constant, careful attention to God's exact statements of fact in His Word.**

A great man of God, D. L. Moody, prayed and prayed to God to give him more faith. But his faith did not seem to increase. The one day he read this verse:

*"So then faith cometh by hearing and hearing by the word of God."* Romans 10:17

In a flash Moody saw it - faith comes from the Word of God. He began to study God's Word. He studied it carefully each day to see exactly what God was saying in His Word. He believed it and he applied it in his life. The result was that his faith grew and grew.

## WHAT ARE FEELINGS?

Feelings are emotions such as joy, sorrow, happiness, and sadness. We should understand that feelings are quite different from facts in that facts never change, while our feelings are almost always changing. The state of our health affects our feelings. Our relationships with

other people affect our feelings. Even a change in the weather can affect our feelings.

You may wonder why we chose a football to represent feelings. The reason is that our feelings are so changeable. There is a saying, "You don't know how the ball will bounce." That's the way your feelings are. You don't know how your feelings will "Bounce."

One day you maybe full of joy. The next day, for no apparent reasons, you may be sad and depressed. The important thing to remember about feelings is this: **Feelings are very changeable.** For this reason we should never try to rest our faith on feelings.

A Christian lady was using the Bible to explain the way of salvation to a young girl. The girl was confused. She said, "I believe in the Lord Jesus, but I thought I had to wait for a certain kind of feeling or some burst of light or something."

The lady pointed to some verses in God's Word and said, "Here's all the light you need." The girl put her faith in God's Word and found the peace and joy she had been seeking.



Feelings follow facts and faith

No matter how much our feelings may change, they do not affect facts. Facts are always true, and they are true regardless of our feelings.

For example, suppose you get a letter from a reputable law firm advising you that a wealthy relative has died and left you a

large sum of money. Suddenly you are rich! You may say, "But I don't feel like that money is really mine." Perhaps not, but nevertheless it belongs to you. It has been left to you, and it is yours regardless of what your feelings may be.

Many sincere people seek for salvation but they do not find it because they are looking for some kind of feeling. Feelings do have a place in the Christian life, but they do not come first. Instead, they follow facts and faith. The Bible says, "He that believes on the Son has the witness in himself." Note the order: First, we believe; and then we have the witness of the Spirit in our heart.



Don't put your faith in your feelings

### HOW TO HANDLE YOUR FEELINGS

There are times in the life of every Christian when he feels discouraged and depressed. Even the great Apostle Paul went through times like this. In II Corinthians 1:8, Paul wrote,

*"For we would not, brethren, have you ignorant of our trouble which came to us in Asia that we were pressed out of measure, above strength, insomuch that we despaired even of life."*

What should you do when you become discouraged? The thing to do is to turn your attention to God's Word. Read and meditate on such wonderful passages as Psalm 23, Romans 8, and Philippians 4. As you give careful attention to what God says in His Word, you will find

new faith and courage springing up in your heart. The Bible says,

*"Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost." Romans 15:13*

In living the Christian life, we are not to be overly concerned with our feelings. We are not saved by our feelings and we do not live the Christian life by our feelings. We live it by faith in God's Word. If we have enjoyable feelings, we thank God; if not, we go right on believing and obeying God. Faith in God's facts is the way to a happy and blessed life.

### THE PRINCIPLE OF FACTS, FAITH, FEELINGS

We have discovered one of the great principles of the Christian life - the principle of facts, faith, feelings. The principle is this: **Always put your faith in God's facts and let your feelings come along as they will.**

1. God's promise - This is my fact.
2. I believe it - This is my faith.
3. God fulfils it and I enjoy it - This is my feeling.

God's order is always: (1) Facts, (2) Faith, and (3) Feelings. Facts form the foundation; faith rests on facts; feelings come last.



We have joy and peace in believing



### Discovered Gem

Always put your faith in God's facts and let your feelings come along as they will.

# MEDITATION GUIDE

(TO STUDY AS YOU PREPARE FOR THE NEXT LESSON)

## INSTRUCTIONS

On the following pages there is a Meditation Guide for each of the three lessons in this booklet. Each Guide has a key verse, comments, and questions that will help you to see from the Bible the main message of the lesson.

**AFTER YOU FINISH** the Question Pages, and have sent them in, we suggest that you work on the meditations. Do NOT send in your meditations. They are for you to personally use and keep.

**THE PURPOSE** of the Meditation Guide is to help you learn how to study the Bible on your own. It will help you to think (meditate) about a portion of Scripture in order to understand it. It will help you learn how to get in touch with God through His Word and through prayer.

**MEDITATION.** What does "meditation" mean? It does not mean to let your mind go blank. Quite the contrary, meditation means that you get hold of your thoughts and bring them all

together to concentrate on a portion of God's Word. As you do this, it gives the Lord an opportunity to make Himself known to you.

**PAUSE TO PRAY.** Before beginning each meditation, pause to pray, quieting your heart before the Lord so that you will be ready to hear what He has to say to you from the Bible.

If there are any words you do not understand, be sure to look them up in a dictionary.

**MEMORY VERSE.** You may wish to memorize the Key Verses, or other verses found in these Meditation Guides. Memorizing Scripture is one of the best means to meditate on God's Word. It would also be very helpful in keeping before you the main truth of each lesson.

**NOTE:** The King James Bible was used in preparing these Meditation Guides.

## KEEP THIS GUIDE - DO NOT SEND IT IN

### Lesson 1: FACTS, FAITH and FEELINGS

**Key Verse:**

*"Now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost." Romans 15:13*

Open your Bible to this Verse. You may wish to underline it. Quiet your heart and turn your thoughts toward the Lord. Read the verse several times until you begin to understand it.

What do you learn about God in this verse? (These are facts.) \_\_\_\_\_

\_\_\_\_\_

What do you learn about the Holy Spirit? \_\_\_\_\_

\_\_\_\_\_

What does this verse tell us to do with facts? \_\_\_\_\_

\_\_\_\_\_

Which word in this verse expresses what could be called "feelings"? \_\_\_\_\_

\_\_\_\_\_

How do these feelings come about in our lives? \_\_\_\_\_

\_\_\_\_\_

How has this meditation made God more real to you? Explain. \_\_\_\_\_

\_\_\_\_\_

In prayer, thank God for what you have learned about Him in His Word.

**COURSE 4 \* PRACTICAL CHRISTIAN LIVING**

- Lesson 1** Facts, Faith, Feelings
- Lesson 2** How to Be Sure You Are Saved
- Lesson 3** The Best Choice
- Lesson 4** Overcoming Feelings of Inferiority
- Lesson 5** Learning to Accept Myself
- Lesson 6** Why Isn't Christ Real to Me?
- Lesson 7** Gaining a Clear Conscience - Part I
- Lesson 8** Gaining a Clear Conscience - Part II
- Lesson 9** God's Discipline
- Lesson 10** God's Authority
- Lesson 11** God's Delegated Authority
- Lesson 12** God's Chastening
- Lesson 13** Understanding Our Deepest Needs - Part I
- Lesson 14** Understanding Our Deepest Needs - Part II
- Lesson 15** Learning to be content
- Lesson 16** Dealing with Anger
- Lesson 17** Reaction and Resentment
- Lesson 18** Turning From Bitterness to Forgiveness
- Lesson 19** Building Right Relationships Part I
- Lesson 20** Building Right Relationships Part II
- Lesson 21** Love One Another
- Lesson 22** Managing Our Finances
- Lesson 23** God's Guidelines for Giving

**Lesson 24** The Christian's Secret of a Happy Life

Dear Friend,

Welcome to Course 4 of the Mailbox club!

There are several distinctive features about this course and we would like to tell you about them.

- **Question pages.** The question page is the very last page. As you finish each lesson, fill in the question page for the lesson. When you have completed each lesson, detach only the question page and mail it to us. **DO NOT DETACH THE REST OF THE PAGES.**

Be sure that you understand the questions. Check your answers before mailing.

- **Key Verse.** Memorize the key verse for each lesson.
- **Meditation portion.** There is a meditation portion for each lesson. The purpose of this is to help you learn to study the Bible on your own. While you are waiting for the next lessons, study the meditation portions carefully. This is a very important part of Course 4.

The truths in this course can change your life completely, but what you get out of the course will depend in large measure on what you put into it.

As you read each lesson ask God to reveal the truths in that lesson to you. When God shows you what you should do, do it! Obedience is the way of blessing.

God bless you!

*George ger*  
Founder-Director

**INSTRUCTIONS**

- 1. Turn to the Question Page as you finish each lesson. Fill in the answers for that lesson before going on to the next lesson.
- 2. When you have studied all the lessons and have completed the Question Pages, prepare for mailing. Don't forget to write in your name and return address. Send in your ANSWER SHEET ONLY!

**EXAM**

Lesson 1

1. A fact is \_\_\_\_\_. Name a spiritual fact. \_\_\_\_\_

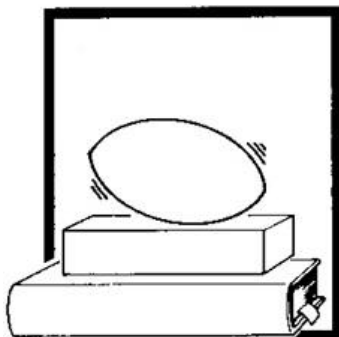
2. Mark the following statements true or false:

\_\_\_\_ My faith makes God's facts true.

\_\_\_\_ My faith in God's facts makes them real in my experience

3. Faith grows by \_\_\_\_\_

4. Fill in this diagram with the correct words:



State the principle of **Facts, Faith, Feelings**: (see page 3)

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

5. God's promise - This is my \_\_\_\_\_

I believe it - This is my \_\_\_\_\_

God fulfills it - I enjoy it - This is my \_\_\_\_\_

Send your exam to the following address:

**Latin Evangelical Outreach**

P.O. Box 549

Irvington, New Jersey 07111-0549

Your Name and Address.....Please Print

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Complete Name \_\_\_\_\_ Age \_\_\_\_\_

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ZIP Code \_\_\_\_\_

**Do you have friends who would like to receive these lessons?**

Please send us their address:

Complete Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_